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CLAIMS:

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1. A coupling having a longitudinal axis and adapted to attach a threaded shaft to a structure, said coupling including:

a threaded rod extending along said axis and to engage the structure so as to be fixed thereto, the rod terminating at an end with a head having a tool engaging portion; and

a turn member also extending along said axis and including a hollow base within which said head is located, and a sleeve extending from the head, the sleeve including a threaded passage to threadably engage said shaft so that upon said rod being engaged with said structure and said sleeve rotated about said axis relative to said shaft, said shaft is moved longitudinally of said passage.

- 2. The coupling of claim 1, wherein said head includes a tool engaging portion, said tool engaging portion being exposed to said passage to provide for a tool passing through said passage to engage said portion to enable a user to rotate said rod.
- 3. The coupling of claim 1 or 2, wherein said rod is adapted to penetrate timber.
- 4. The coupling of claim 1, 2 or 3, wherein said sleeve includes surfaces to be engaged by a tool to aid in rotating said sleeve about said axis.
- 5. A coupling substantiates hereinbefore described with reference to the accompany drawings.
 - 6. In combination, the coupling of any one of claims 1 to 5 and said shaft, with a cable attached to said shaft.